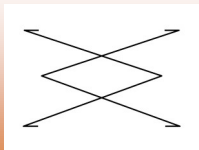


What are the Benefits of having a Soul Contract Reading?

It can specifically help to:

- Provide a sense of direction, purpose & meaning to your life & why it works the way it does.
- Offer a *map* and a *compass* by which to navigate your life
- Shed light upon your life purpose & goals
- Highlight the talents you have chosen to work with and maximize them to reach optimum achievement.
- Give context to your life, work and relationships
- Make informed choices
- Provide a profound insight into why you are the way you are
- Understand your experiences, dreams & difficulties in life & work through your challenges?
- Highlight potential areas for personal growth & development
- Place your life experiences into perspective & show you where you are going
- Empower you to engage with your Soul's purpose & destiny if you so choose
- Give you a greater depth of understanding of your own life
- You will learn how to focus on your strengths to overcome your weaknesses.
- Understand & enhance your relationships?
- Understand why certain patterns keep repeating & how to transform them?



Therapies and Fee's

Soul Contract Readings

Fee's include preparation time CD or MP3

Individual Reading	£94
Family and Relationships (for up to 9 names)	£166
Couples Reading	£94
Baby Naming	per hour £45
Name Optimisation	per hour £45
House Naming	per hour £45
Business Readings (websites products etc)	by Consultation

Individual Soul Contract Readings require a £45 non refundable deposit in advance and £80 for a Family and Relationship Reading

Change Interventions

Transformation Coaching	Fee's and Session times
Divine Master Key Healing	£45 for 1 hour
Homeopathy	£65 for 1 ½ hours
Emotional Freedom Technique	£90 for 2 hours
Hypnotherapy	
Past life Regression	

A 1 1/2 hr Life Review /Evaluation for £65 is always required with an initial booking for any of the change interventions above.

Healing Sessions

Reiki	Fee's and Session times
Spiritual Healing	£40 for 1 hour
Reflexology	£60 for 1 ½ hours
Chakra Balancing and clearing	£80 for 2 hours
Meditation 1-2-1 teaching	

When you book any Healing session for the first time I include a short consultation within the first treatment lasting 1 hour in total.

Course bookings are available please enquire about discount.
20 minute Personalised Relaxation/Meditation CD or mp3 £20

Hours of Work

Monday Tuesday Wednesday Thursday 9am-3pm
Thursday Evening sessions are available 7-9pm
In person or over the telephone.

Phone sessions are available for:

- * Divine Healing Master Key * Soul Contract Reading
- * Transformation Coaching * Homeopathy * EFT

For phone sessions and Personalised Relaxation/Meditation CD's full payment is required in advance of your booking.

I require 24hrs notice for cancellations Payments Methods - Cash, cheque with a guarantee card, or online banking.

Training courses in - * Reiki * Channelling * Soul Contract * Meditation * Chakra's * Ascension.

Circle of Meditation class every Tuesday from 6.45pm-8pm £6

Soul Concept

Enlightenment - Integrity - Success



Soul Contract Readings

with

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Alesha Schechinah Keen

I am an experienced trainer and facilitator of personal empowerment and development workshops. I am a natural intuitive, modern day channel and Transformation Coach and Trainer. I have studied and trained in many multi dimensional healing modalities and dynamic change interventions. I have an innate talent to hold a safe place allowing you to engage in my healing transmission of catalytic energy. I work with people who have a strong desire and willingness to dig deep within to determine what it takes to align themselves with their heart, values, gifts and dreams.

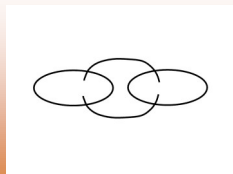
What is the Soul Contract?

The Soul's Contract is the set of lessons, talents and goals that the soul puts in place to learn and grow. The Soul Contract Reading is an amazingly powerful system for direct interpretation of these aspects for use in spiritual readings and as a healing and counselling tool. A Soul Contract Reading can be very beneficial on many levels. It is a powerful, accurate and positive, in depth, channelled system of spiritual interpretation. Every chart and reading is unique to each individual as the Soul Contract is based on the sound vibration of the name you were given at birth. In addition I look at your soul destiny, which is the running theme of your life.

Where is it from?

The Soul Contract Reading is from the Numerology of Moses and is a channelled system of calculation from Frank Alper of Sedona, Arizona. It allows your birth name to be plotted using Hebrew characters (which have a numerical value); the results can be "read" and your Karmic lessons can be ascertained. Your talents and skills are revealed and your goals in your life can be found.

The system is based on ancient Hebrew, which is one of the 5 sacred languages. The name that we are given at birth holds the resonance of a certain sound which in turn attracts to us all that we need to experience in order to learn our lessons, achieve our goals and optimise our talents.



What happens during a reading?

I prepare a chart based on your birth name. This describes the energies set in place by your soul for this lifetime and forms the basis of the energy that plays out in your life. In the reading of the Soul's Contract you receive strategies on how to use your innate talents and gifts to overcome your limitations; how to turn weaknesses into strengths and get on track with your Soul Destiny. Soul Contract Readings are here to help you to be all that you are born to be.

How can a Soul Contract Reading help me?

Knowing and gaining understanding of your soul contract will enable you to recognize and utilize your gifts and talents. You will find yourself being able to put a positive understanding of your past and current experiences. Wouldn't it be wonderful to maximize your talents, focus on your strengths and overcome your weaknesses? The soul contract reading can confirm things for you, help you as you seek to understand why your life works the way it does and why you feel certain *pulls* to do the things you do, be very healing, put things under a new light and accelerate your personal development. Soul Contract Readings can help illuminate your path and purpose more clearly to give you an added sense of focus and direction. It can help you focus your healing more specifically.

What can it give me?

The reading can give you insights into the direction that your life can take. Relationships can be analysed, alternate names can be examined to optimise what you are here to do. A new direction can reveal itself as the reading progresses.

You may want to have a Reading because:

- You feel **stuck** and want **clarity** about your life situation
- You want to seek **confirmation** or **reassurance** that you are on the **right track**
- You find yourself at a **crossroads** in life
- You have **choices** to make & seek **guidance**
- You want to **understand** your life more **deeply**



Types of Readings

Individual Reading: using your birth name for direct interpretation.

Name Optimisation: This can enhance your experience of life and help you to achieve your purpose with greater ease whilst accelerating your personal growth.

Family & Relationship Chart: This is a chart prepared showing you the dynamics between you and your partner, past relationships, family, friends and those you work with. Maximum of 9 names.

Couples Reading: This is a chart that can be prepared for the purposes of gaining a deeper understanding of the dynamic between a married couple, partners living together, prospective partners or friends. This will give you an insight of the lessons you are here to learn together, possible aggravations, how to gain greater harmony, and the potential of the relationship.

For parents: having a Soul Contract Reading for a child can be really helpful in understanding how best to guide them as they move through their early years into young adulthood. It can also help parents to understand the relationship dynamic within the family unit and how to bring greater harmony and ease to all situations. Understanding the patterns underlying the behaviour can really help parents have a much greater awareness and sense of compassion for all concerned.

House Naming: This will support and enhance the lives and environment of the occupants.

Business Reading: A business is an external manifestation of its principals' Soul Contract energies and the more closely they are aligned, the more successful it will be as it is helping them achieve their life purpose. It can be used to align the energies of a business and service/product names more closely to the personal talents, challenges (karma) and goals of the principals and their business objectives.

